



The Charter School North Dulwich Week One Menu

MEAT FREE MONDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Macaroni Cheese with Garlic Bread Slice	Beef & Veg Pie with Mashed Potatoes	Honey Roast & Herb Chicken with Rosemary Roast Potatoes	Chicken Curry with Steamed Rice	Fish & Chip Friday
Vegan Chili Con Carne with Steamed Rice	Sweet potato & Spinach Vegan Curry	Tomato & Basil Pasta Bake	Vegan Mince & Veg Cottage Pie	Cheese & Tomato Pizza
Seasonal Veg	Seasonal Veg	Seasonal Veg	Seasonal Veg	Peas
Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Baked Beans
Apple & Cinnamon Cake	Chocolate Cake with Chocolate Sauce	Banana Cake	Iced Carrot Cake	Raisin & Sultana Flapjack



Did you know that your child may be entitled to a £2.25p lunch credit on to their account daily? To find out if your family eligible call School Finance 020 7346 6607 to carry out a simple 5 minute check over the phone. This credit will be valid until the end of your child's education at TCSND even if your circumstances change in the future.



The Charter School North Dulwich Week Two Menu

MEAT FREE MONDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Veg Enchiladas	Minced Beef & Lasagne with Garlic Bread	Roast Chicken & Studding with Seasoned Roast Potatoes	Pork Sausage with Mashed Potatoes & Onion Gravy	Fish & Chip Friday
Vegan Bolognese	Roasted Veg Lasagne with Garlic Bread	Vegan Thai Green Curry with Steamed Rice	Vegan Sausage with mashed Potatoes & Onion Gravy	Cheese & Tomato Pizza
Seasonal Veg	Seasonal Veg	Seasonal Veg	Seasonal Veg	Peas
Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Baked Beans
Pear & Winter Berry Bake	Apple Strudel with Custard	Vegan Chocolate Brownie	Iced Plum Sponge	Chocolate & Vanilla Marble Cake



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The Charter School North Dulwich Week Three Menu



MEAT FREE MONDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Veg katsu Curry with Steamed Rice	Chilli Con Carne with Seasoned Rice	Lemon & Thyme Chicken with Roast Potatoes	Meatballs in Rich Tomato Sauce with Spaghetti	Fish & Chip Friday
Vegan Spicy Spaghetti with Garlic Mushrooms	Roasted Butternut Squash Risotto	Vegan Smoky Vegetable & Bean Jollof Rice	Pesto Gnocchi with Roast Vegetables	Cheese & Tomato Pizza
Seasonal Veg	Seasonal Veg	Seasonal Veg	Seasonal Veg	Peas
Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Baked Beans
Apple Flap Jack	Chocolate & Beetroot Brownie	Pear & Ginger Cake	Sticky Toffee & Date Cake	Vanilla Short Bread Biscuit



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